LYNCH HILL PRIMARY SCHOOL- LUNCH MENU SEPTEMBER 2021-FEBRUARY 2022

Sandwich and Jacket Potato available for KS2 only

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	MEAT/FISH	Pasta Bolognaise	Chicken and Vegetable Pie with Mashed Potato	Roast Pork, Roast Potatoes and Gravy	Breaded Chicken Strips With Potato Wedges	Breaded Fish Fillet, Chips and Peas or Baked Beans
	VEGETARIAN	Sweetcorn Pizza	Vegetarian Burger with Diced Potatoes	Vegetable Curry with Yellow Rice	Tomato and Butterbean Hotpot	Jacket Potato
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise
	SANDWICH	Tuna Baguette	Cheese Sandwich	Chicken Wrap	Ham Sandwich	Cheese Baguette
	VEGETABLES	Broccoli and Cauliflower	Sweetcorn	Mixed Vegetables	Sweetcorn	Peas or Baked Beans
	DESSERT	Cocoa and Pear Sponge Cake with Chocolate Custard	Strawberry Jam Flapjack	Orange and Mandarin Jelly	Apple Crumble and Custard	Cheese and Biscuits
WEEK 2	MEAT/FISH	Salmon Fishcake	Chicken Curry with Yellow Rice	Roast Chicken, Roast Potatoes and Gravy	Pork Sausages, Mashed Potato and Gravy	Breaded Fish Fingers, Chips and Peas or Baked Beans
	VEGETARIAN	Cheese and Tomato Pizza	Leek Macaroni Cheese	Broccoli & Cauliflower Cheese with Roast Potatoes	Vegetarian Sausages with Mashed Potato and Gravy	Jacket Potato
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise
	SANDWICH	Tuna Baguette	Cheese Sandwich	Chicken Wrap	Ham Sandwich	Cheese Baguette
	VEGETABLES	Green Beans and Sweetcorn	Broccoli and Cauliflower	Broccoli and Carrots	Peas	Peas or Baked Beans
	DESSERT	Jam Sponge Cake	Ice Cream	Banana Sponge Cake	Oat and Cherry Cookie	Fresh Fruit
WEEK 3	MEAT/FISH	Chicken Pizza	Beef Burger with Herb Diced Potatoes	Roast Turkey, Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake with Garlic Bread	Breaded Fish Fillet, Chips and Peas or Baked Beans
	VEGETARIAN	Vegetable Mince Pasta Bolognaise	Tomato, Mozzarella and "Nut Free" Pesto Pin Wheels with Diced Potatoes	Roasted Quorn Fillet, Roast Potatoes and Gravy	Vegetable Goujons With Potato Wedges	Jacket Potato
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise
	SANDWICH	Tuna Baguette	Cheese Sandwich	Chicken Wrap	Ham Sandwich	Cheese Baguette
	VEGETABLES	Broccoli and Sweetcorn	Mixed Vegetables	Roasted Root Vegetables	Peas	Peas or Baked Beans
	DESSERT	Plum Sponge Cake	Apple and Raisin Flapjack	Fresh Fruit	Pear Crumble and Custard	Cheese and Biscuits







