

## Playdough recipe

2 cups plain flour

1 cup salt

2 tsp cream of tartar

Food colouring

2 cups boiling water.

3 tablespoons oil

1. Mix the flour, salt, cream of tartar and oil in a large mixing bowl
2. Add food colouring to the boiling water then to the dry ingredients (colour optional)
3. Stir continuously until it becomes a combined dough
4. Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone.

If you want to create a sensory experience you can add scented oils or glitter.

Help your child develop the muscles in their hands with Dough Disco. This will help them with their writing skills.

Links to Dough disco:

<https://www.youtube.com/watch?v=zJQ2CaA7E50>

<https://www.youtube.com/watch?v=3RPfXDEjir4>

[https://www.youtube.com/watch?v=3K-CQrjIOuY&list=PLK5qMYa-oAKTf\\_p76PUPZBM\\_cdruLBaWB](https://www.youtube.com/watch?v=3K-CQrjIOuY&list=PLK5qMYa-oAKTf_p76PUPZBM_cdruLBaWB)