

Active Movement at home

Have some fun with the Max pack while you are at home.
They have come up with great ideas

Draw with an adult a place where
you could take Max for a walk



Tell an adult the names of everyone
you want to walk with Millie and you

Raffy loves shops. Can you create one
in your house for him to visit?



Otis loves parks. Pretend you are taking
him out by walking round your garden

Talk to an adult about the healthy foods
you would like to share with Betsy



Draw a picture of Daisy and one of his
friends going for a walk

Sit down for a little bit and wiggle your
fingers and your toes



Can you tell an adult a story about Max and his friends?

If you have a garden, use it but keep away from others